

*The*  
**FROCESTER**  
BAR • RESTAURANT • HOTEL

## Specials Menu

### Starters

Local pigeon breasts pan fried with black pudding bacon and onions **£10**

Seared Cornish scallops with vermouth and spring onion cream sauce and granary bread **£14**

Grilled Cornish sardine fillets with roast peppers and seasalt **£10**

### Mains

Mushroom, leek, spinach & walnut roast wrapped in filo pastry; served with tomato and herb sauce, pickled beetroot and sautéed potatoes **£19**

Char grilled ribeye steak with a stilton topped mushroom wrapped in parma ham, peppercorn sauce and hand cut chips **£30**

Medallions of pork pan fried with apple and cider cream sauce, roast carrots, broccoli and sautéed potatoes **£26**

Pan fried swordfish steak in lemon and paprika butter with new potatoes and salad **£26**

Pan fried whole Cornish plaice with samphire, lemon and caper butter, new potatoes and salad **£26**

Please advise when ordering if you have any food allergies or intolerances